




**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**7.1.10. QLM. THE INSTITUTION CELEBRATES / ORGANIZES NATIONAL AND**

**INTERNATIONAL COMMEMORATIVE DAYS, EVENTS AND FESTIVALS.**

<b>YEAR</b>	<b>NO.OF ACTIVITIES</b>	<b>TITLE OF PROGRAMME</b>	<b>DATE</b>
<b>2022-2023</b>	<b>15</b>	Independence Day	15 <sup>th</sup> August
		World Heart Day	29 <sup>th</sup> September
		Gandhi Jayanti	1 <sup>st</sup> October
		World Mental Health Day	13 <sup>th</sup> october
		World Diabetic Day	14 <sup>th</sup> November
		Republic Day	26 <sup>th</sup> January
		Cancer Awareness Month	4 <sup>th</sup> February
		Marathi Bhasha Divas celebration	27 <sup>th</sup> February
		Ambedkar Jayanti	13 <sup>th</sup> April
		World Health Day	14 <sup>th</sup> April
		Vasundhara Day	2 <sup>nd</sup> May
		Nurse and Midwifery Day	12 <sup>th</sup> May
		World Environmental day	5 <sup>th</sup> June
		MUHS University Day	10 <sup>th</sup> June
International Yoga Day	21 <sup>th</sup> June		



  
**Principal**  
**Smt. Sunanda Pravin Gambhirchand**  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### REPORT ON INDEPENDENCE DAY

**Date:** 15<sup>TH</sup> August 2022

**Venue:** college campus

**Participants:** All students & teachers

#### **Description :**

The College celebrated 75<sup>th</sup> Independence day on 15<sup>th</sup> August. The program began at 9am, The national flag hosted by the President Dr. Dilip Trivedi (Seva Mandal Education Society). All Principal, teachers, and students were present at the time flag hosting.



*Sunanda Pravin Gambhirchand*  
Principal  
Smt. Sunanda Pravin Gambhirchand  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### REPORT ON WORLD HEART DAY 2022-2023

**Date:** 03<sup>RD</sup> OCTOBER 2022

**Venue:** GROUND FLOOR, S.R.MEHATA HOSPITAL. KING CIRCLE and SMES Campus.

**Participants:** 39 SECOND YEAR BASIC B.SC STUDENTS & 3 TEACHERS

**THEME:** Use Heart for Every Heart.

**AIM:** To help people all over the world lead longer and better heart-healthy lives.

#### OBJECTIVES:

- To create awareness about the importance of healthy heart.

#### FLYER OF THE PROGRAM

Seva Mandal Education Society's  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING  
& PARAMEDICAL SCIENCES  
SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING, GNM SCHOOL OF NURSING (Proposed) & ANM SCHOOL OF NURSING Affiliated to: Maharashtra University of Health Sciences, Nashik, Maharashtra State Board of Nursing and Paramedical Education Recognised by: Indian Nursing Council, Maharashtra Nursing Council  
NAAC ACCREDITED B+ GRADE (2018-2021)  
MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019)  
SC/SNA Unit in collaboration with  
Medical Surgical Department Celebrates

# World Heart Day

**THEME : USE HEART FOR EVERY HEART**

Venue: Nursing Department	Venue: Nursing Department	Venue: SR.Mehta hospital & college campus
<b>COMPETITION COLLAGE MAKING POSTER MAKING</b>	<b>EDUCATIONAL SESSION</b>	<b>EXHIBITION</b>
30/09/2022	30/09/2022	01/10/2022

S/D Ms. Shilpa Shettigar PRINCIPAL	S/D Ms. Delphina Gurav VICE PRINCIPAL	S/D Ms. Namrata Chopdekar SNA ADVISOR	S/D Ms. Sonam Gajjar Ms. Priyanka Prasad Ms. Sakshita D'Souza SNA CO-ADVISOR
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SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING  
& PARAMEDICAL SCIENCES  
SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING, GNM SCHOOL OF NURSING (Proposed) & ANM SCHOOL OF NURSING Affiliated to: Maharashtra University of Health Sciences, Nashik, Maharashtra State Board of Nursing and Paramedical Education Recognised by: Indian Nursing Council, Maharashtra Nursing Council  
NAAC ACCREDITED B+ GRADE (2018-2021)  
MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019)

### NOTICE

Our Student Council and SNA Unit in collaboration with  
Medical Surgical Department  
Cordially invites you for celebration of World Heart Day 22

**THEME : USE HEART FOR EVERY HEART**

**COMPETITIONS**  
Date: 30th September 2022  
Time: 1.30pm-2.30pm  
Venue: Nursing Department, 7th floor  
Basic BSc Nursing & ANM Nursing students  
1. Poster making  
(Topic: Management of cardiovascular disease or on theme)  
2. Collage making  
(Topic: Dietary management of cardiovascular disease or on theme)  
(Bring your own articles)

**EXHIBITION**  
Date: 1st October 2022  
Time: 10.30pm-12.30pm  
Venue: SR.Mehta Hospital & Nursing Department, 7th floor

S/D Ms. Shilpa Shettigar PRINCIPAL	S/D Ms. Delphina Gurav VICE PRINCIPAL	S/D Ms. Namrata Chopdekar SNA ADVISOR	S/D Ms. Sonam Gajjar Ms. Priyanka Prasad Ms. Sakshita D'Souza SNA CO-ADVISOR
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## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

On the day of 03/10/2022 celebrated 'WORLD HEART DAY'. On this day students keep collage making and poster making competition, educational session, exhibition and games on awareness, Diet, Prevention and Management of Cardiovascular to spread awareness about prevention and management of heart disease.

### SOME GLIMPSE



*Sunanda Pravin Gambharchand*  
Principal  
Smt. Sunanda Pravin Gambharchand  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### GANDHI JAYANTI CELEBRATION

#### SEVA MANDAL EDUCATION SOCIETY'S SMT.SUNANDAPRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES



SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING,  
GNMSCHOOL OF NURSING(Proposed) & ANM SCHOOL OF NURSING  
Affiliated to: Maharashtra University of Health Sciences, Nashik.  
Maharashtra State Board of Nursing and Paramedical Education  
Recognised by: Indian Nursing Council, Maharashtra Nursing Council  
NAAC ACCREDITED B+ GRADE (2022)  
MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019)



**Visit to Gandhian  
Studies Centre**  
3<sup>rd</sup> October 2022  
1pm to 3pm  
Venue: College Library,  
8th floor  
Participants : Basic  
B.Sc. Nursing & ANM  
Nursing students

Ms. Shilpa Shettigar  
Principal

Ms. Delphina Gurav  
Vice Principal

STUDENT COUNCIL &  
STUDENT NURSES' ASSOCIATION  
IN COLLABORATION WITH  
UGC GANDHIAN STUDY CENTRE OF DR. B M N  
COLLEGE OF HOME SCIENCE  
(AUTONOMOUS) (NAAC RE-ACCREDITED "A+")

**Cordially invites you all for**



**GANDHI JAYANTI  
CELEBRATION**

#### Resource person

**Ms. Vidya  
Subramanian**, Chief  
Librarian  
Dr. B.M.N. College of  
Home Science.

#### COORDINATOR

- Ms. Namrata Chopdekar  
(SNA Advisor)
- Ms. Priyanka Prasad
- Ms. Cajetina D'Souza
- Ms. Sonam Gupta  
(SNA Co-advisor)

#### COMPETITIONS

- *Talent exhibition of Innovative ideas to create a futuristic and sustainable world of dreams – "following Gandhiji's principles" to be presented at the center during visit*
  - *Write a letter to Mahatma Gandhi telling him about today's world on post card*
- RESULTS WILL BE DECLARED WITHIN A WEEK**

### **Rules For Competition :**

- *Talent exhibition of Innovative ideas to create a futuristic and sustainable world of dreams – "following Gandhiji's principles" to be presented at the center during visit*
- Time 2 to 5 min
- Ideas should be related to the topic
- Language – English, Hindi, Marathi
- Minimum two participants from each class
- *Write a letter to Mahatma Gandhi telling him about today's world on post card*
- Timing 1.30 to 2.00pm
- Language – English, Hindi, Marathi
- Word limit 200 to 250
- Minimum two participants for each class



**SEVA MANDAL EDUCATION SOCIETY'S  
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COLLEGE OF NURSING**



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING  
& PARAMEDICAL SCIENCES**

**SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING,  
GNM SCHOOL OF NURSING (Proposed) & ANM SCHOOL OF NURSING**

**Affiliated to: Maharashtra University of Health Sciences, Nashik.  
Maharashtra State Board of Nursing and Paramedical Education**

**Recognised by: Indian Nursing Council, Maharashtra Nursing Council**

**NAAC ACCREDITED B+ GRADE (2022)  
MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019)**



**NOTICE**

**Our SNA Unit and Student Council**

**Cordially Invites You for A Visit To**

**The Gandhian Studies Centre in Association With**

**Dr. B M N College of Home Science (Autonomous)**

**(NAAC Re-Accredited "A+" Grade with CGPA 3.69/4) UGC status: College with potential for Excellence**

**Date: 3rd October, 2022**

**Time: 1pm-3pm**

**Venue: College Library, 8th floor**

**Participants: Basic BSc Nursing & ANM Nursing students**

**COMPETITIONS**

- *Talent exhibition of Innovative ideas to create a futuristic and sustainable world of dreams –"following Gandhiji's principles' to be presented at the center during visit*
  - *Write a letter to Mahatma Gandhi telling him about today's world on post card*

**RESULTS WILL BE DECLARED WITHIN A WEEK**

*S/D*  
**PRINCIPAL**

*S/D*  
**VICE-PRINCIPAL**

*S/D*  
**SNA**  
**ADVISOR & CO-ADVISOR**



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### GANDHIAN STUDY CENTRE VISIT

SNA Unit and Student Council Cordially conducted and successfully completed A Visit to The Gandhian Studies Centre in Collaboration with NSS And Association with Dr. B M N College of Home Science.

**Date:**3<sup>rd</sup> October 2022

**Venue:** College Library, 8th floor

**Participants:** First year B.Sc. Nursing Students,Second year B.Sc nursing students, ANM I & II year students.

#### **AIM:**

- To attain vibrant society, so that freedom could be real and meaningful.
- To develop capacities of students to inhibit Gandhian values and Gandhian concept of work.
- Promote initiatives to create awareness about the life and message of Gandhiji through educational media like exhibition, posters, documents & drama.

#### **OBJECTIVES:**

- Focus on empowering the marginalized through the different activities related to philosophy and ideals of Mahatma Gandhi.
- Promotion of volunteerism for Gandhian work and betterment of society.
- Respond and work to address challenging problems in the society.
- To reach the message of Gandhian life to all people.

#### **DESCRIPTION:**

A visit to Gandhian study centre was conducted on 3<sup>rd</sup> October 2022 from 2pm to 4.00 pm. The visit was conducted under capability enhancement in Collaboration with Dr.B M N college of Home science. The students of 1<sup>st</sup> and II year Basic B.Sc Nursing and 1<sup>st</sup> & II nd year ANM students along with teachers Ms.Namrata Chopdekar & Mrs.Priyanka Prasad visited the centre. The student was taken to Gandhian study centre group wise. Four group were made of the students and they were taken to visit the Gandhian study centre. During the visit they were explained in detail when was the Gandhian study centre founded and what was the aim and objective behind establishment of Gandhian study centre. A lecture was taken by Ms. Vidya Subramium Mam about the Gandhian centre and values about Gandhiji and how to inculcate Gandhian values in each one of life was explained to students. Mam also introduced about various programmes, scholarship and research conducted by centre. . Competition on Write a letter to Mahatma Gandhi telling him about today's world held on 8<sup>th</sup> floor.



SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING

GLIMPSES OF GANDHIAN STUDY







**SEVA MANDAL EDUCATION SOCIETY'S  
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COLLEGE OF NURSING**





**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**PRIZES DISTRIBUTION**

**✚ LETTER WRITING**

**❖ ENGLISH LANGUAGE**

- 1. TANIYA SAYYED (ENGLISH) IST B.Sc NURSING - I ST PRIZE**
- 2. VALANCIA D'SOUZA ( ENGLISH) IST B.Sc NURSING - II PRIZE**

**❖ HINDI LANGUAGE**

- 1. TANVI DHIVAR ( HINDI ) - IST PRIZE**

**❖ MARATHI LANGUAGE**

- 1. SAKSHI SAITAVDE( MARATHI ) - I ST PRIZE**
- 2. POORNIMA PARADKAR ( MARATHI ) - II PRIZE**

**Testimonial:** [Gandhi Jayanti celebration 02/10/2022 - YouTube](#)



Principal

**Smt. Sunanda Pravin Gambhirchand**  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**REPORT ON NATIONAL MENTAL HEALTH DAY 2022**

**Date: 13<sup>TH</sup> OCTOBER 2022**

**Venue: Visanji Ravaji Auditorium, Matunga-400019**

**Participants: 132 Students & 25 Teachers.**

**Theme: Make Mental Health & Well Being For All A Global Priority.**

**Aim: To Improve The Quality Of Mental Health Services Through Out The World.**

**Objective:**

- To Raise Awareness Of Mental Health Issues Around The World And To Mobilized Efforts In Support Of Mental Health.

**FLYER OF THE PROGRAM**

**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
INSTITUTE OF NURSING AND  
PARAMEDICAL SCIENCES  
338, R.A KIDWAI ROAD, MATUNGA-400019**

**IN COLLABORATION WITH  
TRAINED NURSE ASSOCIATION OF INDIA  
MAHARASHTRA STATE BRANCH  
CELEBRATES**

**NATIONAL MENTAL HEALTH DAY-2022**

**THEME** → **Make Mental Health & Well-Being for All a Global  
Priority'.**

**DATE:**  
13/10/2022

**TIME:**  
10 AM- 11 AM &  
1:30 PM -2:30 PM

**VENUE:**  
VISANJI RAVJI  
AUDITORIUM  
MATUNGA EAST  
MUMBAI-  
400019

**SPEAKER**  
DR. HARISH SHETTY  
PSYCHIATRIST  
MUMBAI

**SPEAKER**  
DR. SAGAR KARIA  
PSYCHIATRIST  
MUMBAI

**Ms. Shilpa Shettigar**  
Principal

**Ms. Diphina Gurav**  
Vice-Principal

**Mrs. Surekha Sawant**  
TNAI President,  
Maharashtra State Branch

**Mrs. Prachi Dharap**  
TNAI Secretary, Maharashtra  
State Branch

**Ms. Aishwarya Kalbhori**  
Program Co-ordinator



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**PROGRAM COPY**



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT.SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING  
AND PARAMEDICAL SCIENCES  
338, R.A KIDWAI ROAD , MATUNGA-400019**

**NATIONAL WORLD MENTAL HEALTH DAY 2022**


**PROGRAM COPY**

TIME	EVENT	RESPONSIBILITY
10:00 AM	INTRODUCTION & WELCOME ADDRESS	MS. AISHWARYA KALBHOR
10:10 AM	INTRODUCTION OF SPEAKER & FELICITATION	MS.NESWARI FERNANDO
10:15 AM	SEMINAR ON MENTAL HEALTH & PREVENTION	DR. HARISH SHETTY
10:45 AM	DISCUSSION	-
11:00 AM	VOTE OF THANKS	MS. ABENA P.A.
1:30 PM	INTRODUCTION OF SPEAKER & FELICITATION	MS. AISHWARYA KALBHOR
1:35 PM	SEMINAR ON STRESS MANEGMENT	DR. SAGAR KARIA
2:20 PM	DISCUSSION	-
2:30 PM	VOTE OF THANKS	MS. ABENA P.A.



# SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

## INVITATION LETTER

SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES			
 <p>SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING Affiliated to: Maharashtra University of Health Sciences, Nashik. Maharashtra State Board of Nursing and Paramedical Education Recognised by: Indian Nursing Council, Maharashtra Nursing Council MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019)</p>			
SEVA MANDAL EDUCATION SOCIETY President: Hon. Secretary Dr. Chit. R. Trivedi: Smt. P. Asha G. Shah		LOCAL MANAGING COMMITTEE Chairman: Vite Chalmur Secretary: Convener: Dr. Dhanu M. Patil: Smt. Rajeshwari: Mrs. Shilpa Shetkey: Dr. Lata Chavhan	
MEMBERS Dr. Shilpa P. Chavhan, DDR (Rtd.) J. C. Sharma Ms. Priya Gule		INVITEE Mrs. Delphin Madhes Gura	
OTHER COURSES General Nursing & Midwifery (Proposed) Auxiliary nurse midwife Transplant coordinator certificate course	SKILL COURSES ECG technician CNSD Technician Radiology Technician Lab assistant Dialysis assistant Cath Lab assistant	Ref No. 266 To, Dr Harish Shetty, Psychiatrist, Mumbai	Date: 11/10/2022
<b>Subject: Invitation as a "Resource person" on the occasion of "National Mental Health Day-2022"</b>			
Respected Sir, We are glad to invite you, as a resources person for state level seminar on Thursday 13 <sup>th</sup> October'2022 in collaboration with Trained Nurse Association of India, Maharashtra Branch on the occasion of "National Mental Health Day-2022". Venue for the programme will be Visaji Ravji Auditorium, R. A. Kidwai Road, Matunga (east). Programme will proceed from 10.00 am to 11.00am topic is related to mental health and the theme for programme will be "To make mental health well-being for all a global priority. We are thankful to you, for your kind support for the organization and look forward for the same in future.			
Thanking you Yours Faithfully,  Principa, Mrs. Shilpa Ashok Shetkey Smt. Sunanda Pravin Gambhirchand college of Nursing			
			
Website: <a href="http://www.smescon.in">www.smescon.in</a> Email Id: <a href="mailto:smes6127303@gmail.com">smes6127303@gmail.com</a> Phone No 022-24095792/ 24024585 Address: Smt. Parmeshwari Dowl Gerdhandis Garodia Educational Complex, 338, R.A. Kidwai Road, Matunga, Mumbai - 400019 Supported Clinically by Smt. S.R. Mehta & Sir K.P. Cardiac Institute			



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**REPORT**

Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing organised a seminar on **National Mental Health Day-2022**. In collaboration with Trained Nurses Association of India Maharashtra State Branch at Visanji Ravaji Auditorium, Matunga-19<sup>th</sup> on 13<sup>th</sup> October 2022.

**Dr. Harish Shetty, Psychiatrist, Mumbai** was invited as a guest speaker for the seminar. The program began at 10:00 am in the morning. Total 132 students from BMM college, LTMG School of Nursing, SMES, SSPG College of Nursing and 25 faculty members of SMES, SSPG College of Nursing attended the seminar. Welcome speech was given by Ms. Aishwarya Kalbhor & the guest was introduced by Mrs. Diana Fernandes. **Ms. Shilpa Shettigar-Principal SMES.SSPG College of Nursing**, felicitated the speaker.

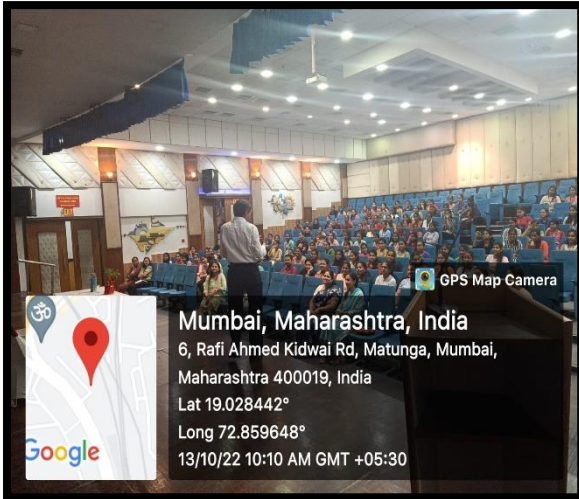
Lecture on **Building Emotional Wealth & Emotional Equity** was effectively delivered by Dr. Harish Shetty. Sir explained about how to control our emotions, how to deal with stressful situations etc. Sir's session was very energetic & attentive. After discussion doubts were clarified.

Vote of thanks was proposed by Ms. Abena.PA. The program wound up at 11:30 am. Refreshment was provided to the guest speaker.



# SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

## Glimpses of the Session





# SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

## DISCUSSION







## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### Thank you letter

SEVA MANDAL EDUCATION SOCIETY		LOCAL MANAGING COMMITTEE		MEMBERS	INVITEE
President Dr. Dilip H. Trivedi	Hon. Secretary Smt. Pravin G. Shah	Chairman Dr. Bharat M. Dalak	Vice Chairman Smt. Rajiv Shah	Secretary Mrs. Shilpa Shetkar	Convener Dr. Lata Chaudhari
OTHER COURSES		Ref No.281		Date: 13/10/2022	
General Nursing & Midwifery (Proposed)		To,			
Auxiliary Nurse midwife		Dr Harish Shetty,			
Transplant coordinator certificate course		Psychiatrist,			
SKILL COURSES		Mumbai			
ECG technician		<b>Subject: Thank You Letter</b>			
CSSD Technician		Respected Sir / Madam,			
Radiology Technician		We are thankful to you that you have accepted our invitation as a resource person and attended a seminar on "National Mental Health Day-2022" on 13 <sup>th</sup> October'2022.			
Lab assistant		We look forward for your cooperation in future.			
Dialysis assistant		Thanking You,			
Cath Lab assistant		Principal			
		Seva Mandal Education Society			
		Smt Sunanda Pravin Ghambharchand College Of Nursing.			
		Matunga.			

Website: [www.smescon.in](http://www.smescon.in) Email Id: [smes6127u03@gmail.com](mailto:smes6127u03@gmail.com) Phone No: 022-24095792/ 24024585  
Address: Smt. Parmeshwari Devi Gordhandas Garodia Educational Complex, 338, R.A. Kidwai Road, Matunga, Mumbai - 400014  
Supported Clinically by Smt. S.R. Mehta & Sir K.P. Cardiac Institute



**SEVA MANDAL EDUCATION SOCIETY'S  
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COLLEGE OF NURSING**

## **WORLD DIABETES DAY 2022-2023 REPORT**

**THEME: ACCESS TO DIABETES EDUCATION.**

**AIM:** The aim is provides an opportunity to raise awareness of diabetes as a global public health issue and what needs to be done, collectively and individually, for better prevention, diagnosis and management of the condition.

### **OBJECTIVES:**

To create awareness about the importance of diabetes.

**Date-** 14/11/2022

**Participants:** Second Year Basic BSc. Nursing Students  
Final Year Basic BSc. Nursing Students  
ANM Second Year Students

**Guided by:** Ms. Pooja Manachekar (Clinical Instructor)

### **Description-**

On the day of 14/11/2022 celebrated '**WORLD DIABETES DAY**'. On this day second year Basic B.Sc. Nursing student's present skit at Lions Tarachand Bapa Hospital and the college campus, whereas final year Basic BSc. Nursing students and ANM second year students provided foot care demonstration, pamphlet distribution and confirmatory glucose test in community to spread awareness about prevention and management of diabetes.



**SEVA MANDAL EDUCATION SOCIETY'S  
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COLLEGE OF NURSING**

**FLYER OF THE PROGRAM**

**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING  
AND PARAMEDICAL SCIENCES**  
338, R.A Kidwai Road , Matunga-400019  
NAAC Accredited B +Grade (2021)  
MUHS Impact Assessment A+ Grade (2018-2019)

**Medical Surgical Department  
Celebrates**

**World Diabetes Day**

**THEME : ACCESS TO DIABETES EDUCATION**

**14/11/2022 AT 10.00 AM**

**Skit by 2nd Year  
B.BSc. Students,  
Foot  
demonstration,  
Pamphlet  
distribution in  
community by 4<sup>th</sup>  
year B.BSc & ANM  
Students**

**Venue-  
Tarachand  
Bapa Hospital  
& College  
Campus**

**Mrs. Shilpa Shettigar  
Principal**

**Mrs. Delphina M. Gurav  
Vice- Principal**

**Programme Coordinator  
Ms. Pooja Manachekar**



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**SOME GLIMPSE OF SKIT PRESENTATION, FOOT CARE DEMONSTRATION,  
PAMPHLET DISTRIBUTION AND TEST**

**WORLD DIABETES DAY 2022-2023**





**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**FEEDBACK FROM LIONS HOSPITAL**

Seva Mandal Education Society's  
Smt. Sunanda Pravin Gambhirchand Institute  
of Nursing & Para-medical.

\* World Diabetic Day \*  
14<sup>th</sup> Nov 2022.

On World Diabetic Day, it was great to have the girls of this institute come to our hospital and give information about this highly prevailing condition to the staff, doctors and management of the hospital. The skit was beautifully performed and we appreciate all the effort taken by the team. Thank you.

*[Handwritten Signature]*



*[Handwritten Signature]*  
Principal  
Smt. Sunanda Pravin Gambhirchand  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### REPORT ON REPUBLIC DAY CELEBRATION

**Date and Day:** Thursday, 26<sup>th</sup> January 2023 from 9.30 am to 10.30 am.

**Venue:** Premises of Seva Mandal Education Society, Smt. Parmeshwari devi Gordhandas Garodia Educational Complex, 338, R.A. Kidwai Road, Matunga, Mumbai -400019

**Participants:** Management members, Teachers, Students and support staff.

**Description:** This year Smt. Sunanda Pravin Gambhirchand College of Nursing Organized the Republic day ceremony along with the other colleges under the umbrella of Seva Mandal Education Society Trust. The Management members of Seva Mandal Education Society, Principal, NCC and NSS Students, Campus officer & team and Support staff of the College collaboratively participated in the program.

The program copy is as follows:

### INVITATION COPY





## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### PROCEEDINGS OF THE PROGRAM

The program began at 9:30 am with the welcome parade of NCC cadets under the guidance of Ms. Suvarna Joshi. Dr. Dilip Trivedi President, SMES graced the occasion by being the chief guest for the occasion. In the glory of march past moves and the cadence call of the NCC cadets, the attendees reached the flagpole.

### WELCOME PARADE BY NCC CADETS

The lamp was lighted the chief guest, Guest of honor and all management members and flag was hoisted by the chief guest Dr Dilip Trivedi, President, SMES.



NCC And NSS Parade for Welcoming Guest and Flag Hoisting Parade



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING



Flag hoisting by chief guest by Dr Dilip Trivedi, President SMES and other







**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**



**The program preceded with welcome address by Dr Dilip Trivedi behalf of Seva Mandal Education Society. Followed by Introduction and Felicitation of Chief Guest and Guests of Honor by Ms. .Namrata Chopdekar Associate Professor (SMES SSPG CON) and Ms. Abena Tutor (SMES SSPG CON)**

**Various dance performances and parades by the seva mandal trust colleges**

The program ended with Vote of thanks proposed by Shri Mahendra Oza Vice President Shri. Matunga Gujarati Seva Mandal followed by National anthem. The event ended with a brunch.



**Principal**  
**Smt. Sunanda Pravin Gambhirchand**  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**REPORT ON CELEBRATION OF WORLD CANCER DAY**

**Date: 4<sup>th</sup> FEBRUARY 2023**

**Venue: CHOTA SION, DHARAVI (UPH)**

**Participants: 35 Basic BSc students & 40 ANM Students**

**FLYER OF THE PROGRAM**

SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND,  
INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES  
338, R.A Kidwai Road , Matunga-400019  
NAAC Accredited B +Grade (2021)  
MUHS Impact Assessment A+ Grade (2018-2019)

**CELEBRATES WORLD CANCER DAY 2023**

**THEME - CLOSE THE CARE GAP**

Skit by 4<sup>th</sup> Year B.BSc.  
Students on Brest Self  
Examination &  
Pamphlet distribution in  
community by 4th year  
B.BSc & ANM  
Students

Venue – Chota  
Sion , Dharavi

Mrs. Shilpa Shettigar  
Principal

Mrs. Delphina M. Gurav  
Vice- Principal

Ms.Sukanya Jangade  
Programme Coordinator

Seva Mandal Education Society's, Smt Sunanda Pravin Gambhirchand college of Nursing celebrated cancer day celebration in occasion of world cancer day under the theme "CLOSE THE CARE GAP" on 4<sup>th</sup> February 2023. Our ANM Nursing 40 students and B.Sc. Nursing 35 students and 2 teaching faculty had accompanied for the same. Students has performed skit on breast self-examination and also performed awareness in breast cancer & oral cancer. Also distributed pamphlets in urban community area.



# SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

## GLIMPSES OF THE PROGRAM



Mumbai, Maharashtra, India  
Indira Nagar, lucky chawli, 2VR2+7P2, 60 Feet Road, RP  
Nagar, Dharavi, Mumbai, Maharashtra 400017, India  
Lat 19.040423°  
Long 72.851706°  
04/02/23 12:43 PM GMT +05:30



Mumbai, Maharashtra, India  
Indira Nagar, lucky chawli, 2VR2+7P2, 60 Feet Road, RP  
Nagar, Dharavi, Mumbai, Maharashtra 400017, India  
Lat 19.040696°  
Long 72.851663°  
04/02/23 12:32 PM GMT +05:30



Mumbai, Maharashtra, India  
Kunchi Karve, 2VQ2+RR6, 60 Feet Road, Kunchi  
Karve, RP Nagar, Dharavi, Mumbai, Maharashtra  
400017, India  
Lat 19.039581°  
Long 72.851981°  
04/02/23 12:36 PM GMT +05:30



Mumbai, Maharashtra, India  
Shahu Nagar, 60 Feet Road, Near Chota Sion Hospital, Dharavi,  
RP Nagar, Dharavi, Mumbai, Maharashtra 400017, India  
Lat 19.039979°  
Long 72.85159°  
04/02/23 12:23 PM GMT +05:30

*(Signature)*

Principal  
Smt. Sunanda Pravin Gambhirchand  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.





**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**“REPORT ON CELEBRATION OF MARATHI BHASHA DIVAS”**

**Objectives:** 1) To honor the life and works of one of the most eminent Marathi poets,

**V.V. Shirwadkar.**

2) To promote importance of Maharashtrian culture amongst the students.

**Date:** 27<sup>th</sup> February 2023

**Venue:** SMES SSPG College of Nursing-Matunga-19

**Participants:** Basic B.Sc. Nursing students & ANM Students. Total= 239 participants

**Description:** Seva Mandal Education Society's, Smt.Sunanda Pravin Gambhirchand College of Nursing celebrated “Marathi Bhasha Divas” on 27<sup>th</sup> February 2023. A “Letter Writing Competition” was held for both our ANM Nursing students and B.Sc. Nursing students. Several students actively participated in the letter writing competition. Results for the same were declared on 4<sup>th</sup> March 2023.



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**FLYER OF THE PROGRAM**

**SEVA MANDAL EDUCATION SOCIETY'S  
SMT.SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING &  
PARAMEDICAL SCIENCES**

**AFFILIATED TO: MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK  
MAHARASHTRA STATE BOARD OF NURSING AND PARAMEDICAL EDUCATION  
RECOGNISED BY: INDIAN NURSING COUNCIL , MAHARASHTRA NURSING COUNCIL  
NAAC ACCREDITED B+ (2022)  
MUHS IMPACT ASSESSMENT A+ GRADE (2016-2019)**

२० फेब्रुवारी  
**मराठी  
भाषा  
दिवस**

The Student Nurse Association along with the Student Council are celebrating "Marathi Bhasha Divas" on  
Date & time:-Monday,  
27<sup>th</sup>Feb 2023  
Venue:-Nursing  
Department,7<sup>th</sup> Floor  
Time:- 1:00 Pm onwards

Ms.SHILPA SHETTIGAR  
(PRINCIPAL)  
Ms.DELPHINA GURAV  
(VICE PRINCIPAL)

Ms.NAMRATA  
CHOPDEKAR  
(SNA ADVISOR)

Ms. PRIYANKA PRASAD  
Ms.CAJETINA D'SOUZA  
Ms.SONAM GUPTA  
(SNA CO-ADVISOR's)





## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### REPORT ON CELEBRATION OF AMBEDKAR JAYANTI

**Date:** 1<sup>st</sup> April to 30<sup>th</sup> April 2023

**Participants:** B.Sc. Nursing & ANM students, Staff

#### **OBJECTIVES:**

- To attain social equality.
- To develop capacities of students to inherit values of great personalities.
- Promote initiatives to create awareness about the life and social responsibilities through educational media like Blood donation drive, drawings, & sessions on great person's thoughts.

#### **DESCRIPTION:**

Student Nurses Association Unit and Student Council of Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing, Matunga Mumbai conducted various programs to celebrate Ambedkar Jayanti.

Various programs were conducted including Blood donation drive, drawings, & sessions on great person's thoughts. Both students and staff of Nursing department participated in most of the events.

All the programs were aimed to attain social equality and developing the capacities of students and creating awareness about social responsibilities.

1. Blood donation drive: 2<sup>nd</sup> March 2023
2. Session on thoughts of great person: 13<sup>th</sup> April 2023
3. Drawing competition: 29<sup>th</sup> April 2023

### REPORT ON CELEBRATION OF AMBEDKAR JAYANTI

#### DRAWING COMPETITION

**Date:** 29<sup>th</sup> April 2023

**Participants:** B.Sc. Nursing & ANM students

**Theme:** Youth leading sustainability

#### **OBJECTIVES:**



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

- To attain social sustainability.

### DESCRIPTION:

Student Nurses Association Unit and Student Council of Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing, Matunga Mumbai conducted a drawing competition on theme "Youth leading sustainability" to celebrate Ambedkar Jayanti.

Students from Nursing department have participated in the event enthusiastically

SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES  
NAAC ACCREDITED B- (2022)  
MUIS IMPACT ASSESSMENT A+ GRADE (2018-2019)

Students Nurses Association  
&  
Student Council

Be Educated, Be Organized and  
Be Agitated. Cultivation of mind  
should be the ultimate  
aim of human existence.

**ORGANIZES DRAWING COMPETITION  
ON THE OCCASION OF  
DR. B. R. AMBEDKAR JAYANTI**

DATE: 29<sup>TH</sup> APRIL 2023  
VENUE: 7<sup>TH</sup> FLOOR, SMES SSPG COLLEGE OF NURSING  
PARTICIPANTS: B.SC & ANM STUDENTS  
TIMING: 1 pm - 2pm

**THEME: "YOUTH LEADING  
SUSTAINABILITY"**

PRINCIPAL  
Mrs. Shilpa Shetthigar

VICE PRINCIPAL  
Mrs. Delphina Gurav

SNA ADVISOR  
Ms. Namrata Chopdekar

SNA CO-ADVISORS  
Mrs. Priyanka Praasad  
Mrs. Cajetina D'Souza

### RULES FOR COMPETITION

1. Time limit of competition is 1 hour
2. Ideas should be related to the topic
3. Minimum two participants from each class
4. Students can use acrylic colour
5. Students have to bring their own chart papers for the competition

Results will be declared with in a week



  
Principal  
Smt. Sunanda Pravin Gambhirchand  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.





**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

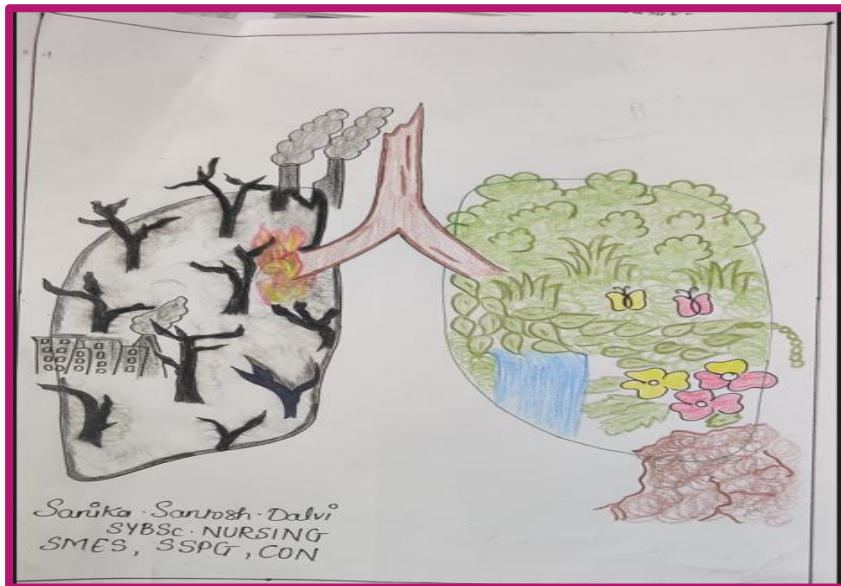
**RESULT:**

**1<sup>st</sup> prize: Ms. Gouri Ghadigaonkar**

**2<sup>nd</sup> Prize: Ms. Nicole Ambrose**



**3<sup>rd</sup> Prize: Ms. Sanika Dalvi**



Sanika Sanvosh Dalvi  
SYBSc - NURSING  
SMES, SSPG, CON

Principal  
**Smt. Sunanda Pravin Gambhirchand**  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.





**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

## **WORLD HEALTH DAY 2023 REPORT**

**THEME: Health for all- dream or realty?**

### **OBJECTIVES:**

- To ensure that everybody gets living and working condition that is conducive to good health.
- To build a fairer, healthier world for everyone, everywhere.

**Date-** 13/04/2023 from 10am to 11am through online platform

**Participants:** Second Year BSc. Nursing Students :36  
2<sup>nd</sup> yr A.N.M students : 20

### **Description-**

Every year on the 13<sup>th</sup> of April “World Health Day” is celebrated in the Seva Mandal Education Society's College of Nursing. This year WHO day activities collaborated with the Trained Nurses Association of India Maharashtra branch. The theme was “Health for all- dream or realty?” competition (i.e - slogan competition related to the theme) were also held in the college. Second year Basic B.sc. Nursing students took part enthusiastically despite of their other academic responsibilities. The motive for this celebration was to inculcate within the students a sense of responsibility and importance toward individual and community health.

Besides the competition, we also had a Session on the theme. Dr.Swati Deshpande was the resource person for the same. Principal, Mrs. Shipa Shettigar opened the webinar and welcomed the speaker and participants. Madam also thanked the TNAI Maharashtra State Branch for collaboration.

Ms.Namrata Chopdekar-Associate Professor & Cultural Coordinator SMES SSPG CON propose a vote of thanks. It was indeed a celebration worth the day and serving purpose the same.



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### RESULT: (Slogan Competition)



Ms. Janhavi Dhivar won 1<sup>st</sup> prize in slogan competition.

### FLYER OF THE PROGRAM



SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES  
ANM SCHOOL OF NURSING  
MUHS IMPACT ASSESSMENT A+ GRADE (2018-19)  
NAAC ACCREDITED B+ (2022)  
In collaboration with  
TRAINED NURSES ASSOCIATION OF INDIA, MAHARASHTRA STATE BRANCH





**DR. SWATI RAJESH DESHPANDE**  
MD. PSM  
Associate Professor,  
Dept of Community Medicine  
Seth G.S.M.C. & KEM hospital, Parel,  
Mumbai

**STATE LEVEL  
WORLD HEALTH DAY  
CELEBRATION**

**THEME- Health for All-  
Dream or Reality?**

Mrs. Surekha Sawant (TNAI, President  
Maharashtra State Branch)  
Ms. Prachi Dharap (TNAI, Secretary  
Maharashtra State Branch)

Mrs. Shilpa Shettigar (Principal, SMES  
SSPG CON)  
Mrs. Delphina Gurav (Vice Principal,  
SMES SSPG CON)

Program Coordinator:  
Ms. Namrata Chopdekar  
(Unit SNA Advisor/ Associate Professor,  
SMES SSPG CON)

**Student Council & Student Nurses'  
Association unit organizes**  
**SLOGAN COMPETITION ON THEME**  
**"Health for All- Dream or reality?"**  
Language: Marathi, Hindi, English  
Slogan should be related to theme  
Registration & submission of material on the link  
given below.  
Last date on or before 11<sup>th</sup> April 2023 by 3pm.  
Result will be declared on 12<sup>th</sup> April 2023 on  
college website [www.smescn.in](http://www.smescn.in) by 3pm.

**Registration link:** <https://forms.gle/BN9Kb2bfdeQo2vC7A>

**Day & Date:** Wednesday,  
13<sup>th</sup> April 23  
**Time:** 10am to 11am

**Venue: Online platform**  
Please note Link will be shared  
on your registered email id by  
12<sup>th</sup> April 2023 by 10am.



# SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

## GLIMPSES:

SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES  
MUMBAI IMPACT ASSESSMENT A-GRADE (2018-19)  
ANM SCHOOL OF NURSING  
RAAC ACCREDITED (2022)  
In collaboration with  
TRAINED NURSES ASSOCIATION OF INDIA, MAHARASHTRA STATE BRANCH

**FOUNDATION DAY**  
DR. SWATI RAJESH DESHPANDE  
MD, FRCG  
Associate Professor,  
Dept of Community Medicine  
Seth G.S.M.C. & KEM Hospital, Parel,  
Mumbai

Day & Date: Wednesday,  
13<sup>th</sup> April 23  
Time: 10am to 11am

**STATE LEVEL  
WORLD HEALTH DAY  
CELEBRATION**  
THEME- Health for All-  
Dream or Reality?

Mrs. Surekha Sawant (TNAI, President  
Maharashtra State Branch)  
Ms. Prachi Dharap (TNAI, Secretary  
Maharashtra State Branch)  
Mrs. Shipra Shettigar (Principal, SMES  
SSPG CON)  
Mrs. Delphina Gurav (Vice Principal,  
SMES SSPG CON)

Program Coordinator:  
Ms. Namrata Chopdekar  
(Unit SNA Advisor/ Associate Professor,  
SMES SSPG CON)

**Student Council & Student Nurses' Association unit organizes**  
SLOGAN COMPETITION ON THEME  
"Health for All- Dream or reality?"  
Language: Marathi, Hindi, English  
Slogan should be related to theme  
Registration & submission of material on the link  
given below.  
Last date on or before 11<sup>th</sup> April 2023 by 3pm.  
Result will be declared on 12<sup>th</sup> April 2023 on  
college website [www.smescn.in](http://www.smescn.in) by 3pm.

Registration link: <https://forms.gle/BN9Kb2bfdeQo2yC7A>

Venue: Online platform  
Please note Link will be shared  
on your registered email id by  
12<sup>th</sup> April 2023 by 10am.

## World Health Day Celebration on 13th Apr' 23

Close Participants (35)

RB	Runda Bheskar	
S	Sakshi	
SC	Samruddhi Chogale	
SU	Sanika Ulhas Anbhavane	

## FEEDBACK:

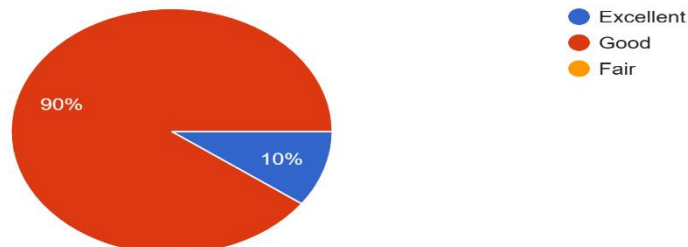
Are you satisfied with the webinar?

55 Responses



Are you satisfied with the Content covered in webinar?

55 Responses



Note: All the participants benefitted from the session and they found it as good and the content was useful to them. No suggestions were received from the participants.



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**REPORT OF VASUNDHARA DAY CELEBRATION**

Environment consciousness and sustainability celebrating Vasundhara day by conducting a Poster Competition. The topic for the competition was “**Invest in Our Planet.**”

**DATE: 2<sup>nd</sup> May 2023**

**TIME- 2pm- 3:30pm**

**VENUE: 7<sup>TH</sup> FLOOR, SMES SSPG COLLEGE OF NURSING**

**PARTICIPANTS:** First year BSc nursing Students and ANM nursing students

**AIM:** To search the different methods which is needed to preserve the Future Nature

**OBJECTIVES:**

1. To find out the different methods for preserving the nature

**DESCRIPTION:**

**Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College Of Nursing** celebrated **VASUNDHARA DAY** under Environment consciousness and sustainability by conducting a Poster Competition .The topic for the competition was “**Invest in Our Planet.**”

Students were appreciated after the event.



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**FLYER**

SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF  
NURSING & PARAMEDICAL SCIENCES  
NAAC ACCREDITED B+ (2022)  
MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019)

**SMES SSPG CON, organizing Poster making competition  
On the occasion of Vasundhara Day**

**Poster competition Theme:  
"Invest in Our Planet."**

Principal  
Mrs. Shilpa Shettigar  
Vice Principal  
Mrs. Delphina Gurav

Program Coordinator  
Ms. Abena P. A

DATE : 2<sup>nd</sup> May 2023  
VENUE : 7<sup>TH</sup> FLOOR, SMES  
SSPG COLLEGE OF  
NURSING  
PARTICIPANTS : B.S.C &  
ANM STUDENTS

**Glimpses of the Event**





**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**



  
Principal  
**Smt. Sunanda Pravin Gambhirchand**  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

## **INTERNATIONAL NURSES DAY 2023 REPORT**

**THEME:** "Our Nurses. Our Future"

**OBJECTIVES:**

- 1) To Celebrate the birth anniversary of Florence Nightingale, who is considered the founder of modern nursing.
- 2) To highlight the contribution of nurses to the healthcare sector.

**Date-** 12/05/2023 from 10.00 am to 11.00 am through online platform.

**Participants:** Nursing Students, Nursing Staff, Nursing Faculty.

Every year on the 12<sup>th</sup> of May "International Nurses Day" is celebrated birth anniversary of Florence Nightingale, who is considered the founder of modern nursing in the Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand Institute of Nursing and Paramedical Sciences, Matunga. This year International Nurses Day activities are collaborated with the Trained Nurses Association of India Maharashtra State branch. The theme was "Our Nurses. Our Future" competitions (i.e. – Photo Caption writing competition and Quote on Nursing competition related to the theme) were also held during the nurse's week celebration participation from Maharashtra and other than Maharashtra state Nursing Faculties, Nursing Staff and Nursing students took part enthusiastically despite of their other academic responsibilities. Also Celebrated Nurses Day by garlanding the Florence Nightingale's Photo. Mrs. Shilpa Shettigar Principal, spoke on the importance of International Nurses Day and emphasized on the significance of higher education in nursing in preparing nurses to provide better health services to the public. Nurses play a vital role in patient care and have a major responsibility of making the public aware about their role. The fund raising was arranged by Student Nurses Association they have generated Rs. 1723/- fund from the same. The Hansaatic Connect has given Ice- Cream Treat to all the students.

Besides the competition, we also had an international webinar on the theme. Mr. Ghanshyam Aher was the resource person for the same. He has spoken on Mental Health of Nurses and Stress management. Principal, Mrs. Shilpa Shettigar opened the webinar and





## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

welcomed the speaker and participants. Madam also thanked the TNAI Maharashtra State Branch for collaboration. The webinar attracted more than 150 viewers.

Mr. Prashant Tambe (Assistant Professor) and Ms. Riya Khanolkar (Clinical Instructor) was the programme Co-ordinator. Ms. Riya Khanolkar proposes the vote of thanks. It was indeed a celebration worth the day and serving purpose the same.

### RESULTS OF COMPETITIONS:

TRAINED NURSES ASSOCIATION OF INDIA, MAHARASHTRA STATE BRANCH In collaboration with SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES NURSES WEEK CELEBRATION		
COMPETITION WINNERS LIST		
SN.	Quotes on Nursing Competition	Caption Writing Competition
1	1 <sup>st</sup> Prize Ms. Dhanashree Mhade Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical Sciences	1 <sup>st</sup> Prize Mrs. Karthika S. Sumandeep Nursing College, Sumandeep Vidyapeeth Deemed to Be University, Pipariya, Vadodara, Gujarat.
2	2 <sup>nd</sup> Prize Ms. Manjot Kaur Shaheed Kartar Singh Sarabha College of Nursing, Ludhiana, Punjab	-

### FLYER OF THE PROGRAM

TRAINED NURSES ASSOCIATION OF INDIA, MAHARASHTRA STATE BRANCH  
In collaboration with  
SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES  
MUHS IMPACT ASSESSMENT A+ GRADE (2018-19)  
NAAC ACCREDITED B+ (2022)  
Celebrates  
International Webinar  
On  
"International Nurse's Day."- Our Nurses. Our Future

**Friday, 12<sup>th</sup> May 2023  
10.00am to 11.00am**

Student Council & Student Nurses' Association Unit organizes  
Caption writing competition and Quotes on Nursing Competition  
information related to competitions is given in the Registration form.  
Last date of submission of entry is 10<sup>th</sup> May 2023 by 6.00pm.  
Results will be declared on 12<sup>th</sup> May 2023 on college website  
[www.smescon.in](http://www.smescon.in) by 2pm.

Webinar will be conducted on zoom platform on 12<sup>th</sup> May 2023 10.00 am to 11.00 am link will be shared on your registered email id

**Speaker**  
  
Mr. Ghanashyam Aher  
Clinical Extern Nurse,  
MSICU, St. Michael's  
Hospital,  
Toronto, Canada

**Our Patrons**  
Mrs. Surekha Sawant, President,  
TNAI, Maharashtra State Branch  
Ms. Prachi Dharap, Secretary,  
TNAI, Maharashtra Branch  
Mrs. Shilpa Shettigar (Principal,  
SMES SSPG CON), Matunga, Mumbai  
Mrs. Delphina Gurav (Vice Principal,  
SMES SSPG CON), Matunga, Mumbai

**Program Coordinator**  
Mr. Prashant Tambe  
(Assistant Professor,  
SMES SSPG CON)  
Ms. Riya Khanolkar  
(Clinical Instructor  
SMES SSPG CON)

Scan to Register  
Click to register  
Webinar Link



# SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

## GLIMPSES OF CELEBRATION:

A screenshot of a Zoom meeting window. The main content area displays a slide with the title "Mental Health & Stress Management" in a light blue box. Below the title is an image of a human head with glowing neural connections and chemical structures. The Zoom interface shows a top bar with participant names: Sunanda Shah (Host), Ghanashyam Aher, Roohi Mohammed, Sakshi Shinde, Priyanka awasarmol, and Amit Kumar. A right-hand sidebar lists 18 participants, including Sunanda Shah (Host, me), Ghanashyam Aher, 2009 Namita Hanchate, Aarti Pandhare, Aditi, Aishwarya kalbhor, Akanksha khairmode, Akshata Sawant, Akshata shinde, Anil Kumar, Ankita Ravtale, Anushka Lambade, Anushka Malavde, Arpita Tambe, Bachkar Pratiksha, and Delphina Gurav. The bottom status bar shows a temperature of 32°C, a "Haze" weather icon, and the date 12-05-2023.

A screenshot of a Zoom meeting window. The main content area displays a slide titled "IND THEME - DIMENSIONS" in a light blue box. The slide features a cartoon illustration of a nurse and four dimensions: Respect (R), Value (V), Invest (I), and Protect (P). The Zoom interface shows a top bar with participant names: Sunanda Shah (Host), Ghanashyam Aher, Sakshi Shinde, Pooja, Ruchika Patil, and Priyanka awasarmol. A right-hand sidebar lists 102 participants, including Sunanda Shah (Host, me), Ghanashyam Aher, 2009 Namita Hanchate, Aarti Pandhare, Aishwarya kalbhor, Akanksha khairmode, Akshata Sawant, Anjali, Ankita Ravtale, Anushka Lambade, Anushka Malavde, Arpita Tambe, Deepa, Delphina Gurav, Diksha Mahale, and Dipali bande. The bottom status bar shows a temperature of 32°C, a "Haze" weather icon, and the date 12-05-2023.



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

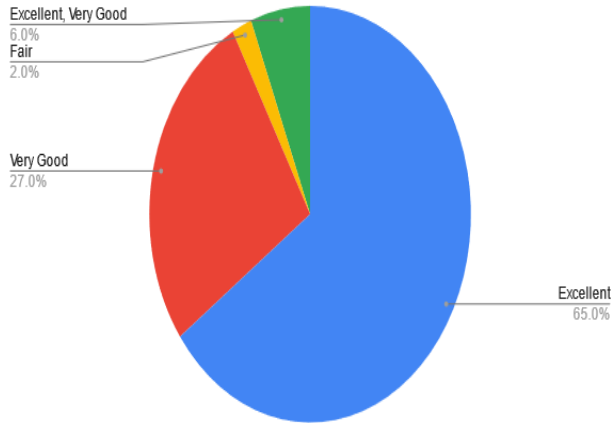




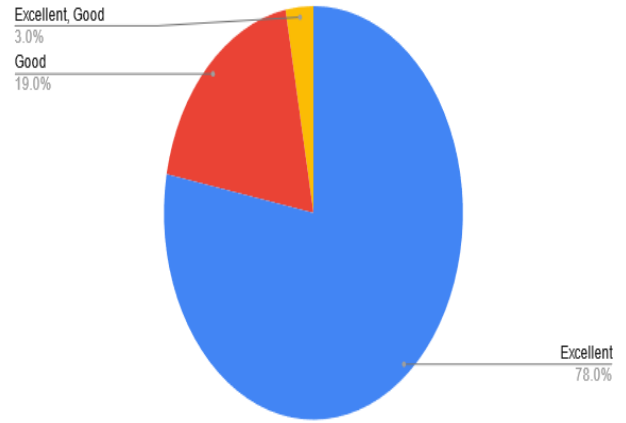
## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### FEEDBACK FROM PARTICIPANTS:

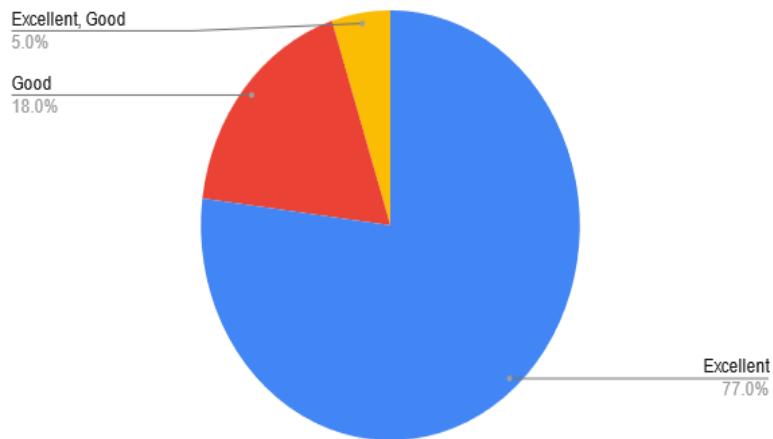
Count of How would you evaluate the overall Webinar?



Count of How would you rate the overall co-ordination of webinar?




Count of How would you grade the overall knowledge of speaker?



Note: All the participants were benefitted from the session and they found it as good and the content was useful to them. No suggestions were received from the participants.



  
Principal  
Smt. Sunanda Pravin Gambhirchand  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**NATIONAL SERVICE SCHEME IN COLLABORATION WITH  
STUDENT COUNCIL & STUDENT NURSES ASSOCIATION  
REPORT OF MUHS FOUNDATION DAY CELEBRATION  
NOTICE**

Kindly note that we are celebrating the MUHS foundation day on Saturday, 10<sup>th</sup> June 2023 at 10.00 am onwards. You all are invited for the 25<sup>th</sup> Maharashtra University of Health Sciences Foundation Day celebration.

**Venue:** College Campus, Seva Mandal Education society's Smt. Sunanda Pravin Gambhirchand College of Nursing, Matunga [E], Mumbai-400019.

**PROGRAMME COPY OF MUHS FOUNDATION DAY CELEBRATION**

**SEVA MANDAL EDUCATION SOCIETY'S**  
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE NURSING AND  
PARAMEDICAL SCIENCES  
NAAC ACCREDITED B+ GRADE (2022)  
IMPACT ASSESSMENT A+ GRADE (2018-19)  
National Service Scheme,  
Student Nurses Association & Student Council  
Celebrates Maharashtra University of Health Sciences  
25<sup>th</sup> Foundation Day

**Date:** 10<sup>th</sup> June 2023  
**Time:** 10.00 am to 11.00 am

**Venue:** Seva Mandal Education Societys  
College Campus

**Principal**  
Mrs. Shilpa Shettigar  
**Vice- Principal**  
Mrs. Delphina Gurav

**SILVER 25 JUBILEE**  
MUHS  
२५ वर्ष महोत्सव

S. N	Programme	Time	Performed by
1	Welcome of Guest	10.00 am to 10.05 am	Mr. Prashant Tambe Assistant Professor
2.	Flag Hosting	10.05am to 10.10 am	Dignitaries
3.	MUHS Anthem	10.10am to 10.15am	All
4.	Message on Foundation Day and Cycle Rally Inauguration	10.15am to 10.20am	Mrs. Shilpa Shettigar Principal
6.	Vote of thanks	10.20am to 10.25am	Ms. Greeshma Minesh Clinical Instructor
7.	National Anthem	10.25am to 10.30am	All



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

Date: 10<sup>th</sup> June 2023

### Report of MUHS Foundation Day Celebration

The National Service Scheme Unit and Student Council & Student Nurses Association has organized the program of 25<sup>th</sup> Maharashtra University of Health Sciences Foundation Day on 10<sup>th</sup> June 2023 at 10.00 am. The program was conducted on the college premises. Mr. Prashant Tambe (Assistant Professor) has welcome the guests. Flag hosting and welcome speech was done by Dr. Dilip Trivedi President of Seva Mandal Education Society. Mrs. Shilpa Shettigar (Principal) and Mrs. Delphina Gurav (Vice- Principal) given a message on MUHS foundation Day. Cycle rally was conducted on this occasion. The MUHS University song was Played. Vote of thanks was proposed by Ms. Greeshma Minesh SMES SSPG CON. The Programme was wind up with national anthem at 10.30am.

### Glimpses of Program





# SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING



Konkan Division, Maharashtra, India  
6, Rafi Ahmed Kidwai Rd, Matunga East, Mumbai, Mahara  
Long 72.859436°  
Lat 19.028361°  
10/6/2023 10:10 AM



Konkan Division, Maharashtra, India  
Divya Rishi Apartment, 338, Rafi Ahmed Kidwai Rd, Matu  
Long 72.859809°  
Lat 19.028452°  
10/6/2023 10:09 AM



Konkan Division, Maharashtra, India  
Divya Rishi Apartment, 338, Rafi Ahmed Kidwai Rd, Matunga  
Long 72.859809°  
Lat 19.028452°  
10/6/2023 10:17 AM

*Sunanda Pravin Gambhirchand*

Principal  
Smt. Sunanda Pravin Gambhirchand  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.





**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

Date: 21st June 2023

**REPORT ON INTERNATIONAL YOGA DAY CELEBRATION**

**Aim: -**

- To create awareness about yoga.
- To improve mental and physical health.
- It leads to immense level of concentration and higher level of consciousness.

**Objective: -**

- To give basic information about yoga day.
- To explain the importance of yoga in day-to-day life.
- To enable the student to have good health.
- To practice mental hygiene.
- To integrate moral values.
- To attain a higher level of consciousness.

**Venue :-** Ravji Jivraj Changdaiwala Hall

**Date & Time: -** 21st June 2023 from 08.00 am to 09.20 am

**Participants: -** Nursing Dept. Faculty, Basic B.Sc. Nursing and ANM Students.

**Description: -**

The Student Council & Student Nurses Association of India in collaboration with National Service Scheme (NSS) of Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing has arranged a yoga Session on "International Yoga Day" on 21st June 2023 from 08.00 am to 09.20 am under G20 India initiative. The Students and Nursing College faculty members participated in this session. The Session started with an inaugural it was done by Mrs. Shilpa Shettigar (Principal). Madam has introduced International Yoga Day and the Importance of Yoga in Day-to-day life. After the inauguration, the session was handed over to Ms. Vandana Shah (Lecturer, Smt. M. M. P Shah College of Arts & Commerce (Autonomous). Madam Specialized in health and physical education as well as hand games. She has given an introduction to yoga and Yoga Day. After that, she started her session with prayer and she has shown some yoga asana. In practical







## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

session, she has shown various sitting positions, breathing exercises, Standing Exercises, and Different exercises. Madam also taught various warm-up exercises and stress-reduction exercises to the students. Thus, the session ended with a meditation. At the end of the Session Vote of Thanks was proposed by Ms. Namrata Chopdekar (Associate Professor) given on behalf of the College.

### Flyer



SEVA MANDAL EDUCATION SOCIETY'S  
**SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING  
& PARAMEDICAL SCIENCES**  
SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING, GNM SCHOOL OF NURSING  
(Proposed) & ANM SCHOOL OF NURSING  
Affiliated to: Maharashtra University of Health Sciences, Nashik.  
Maharashtra State Board of Nursing and Paramedical Education  
Recognised by: Indian Nursing Council, Maharashtra Nursing Council  
NAAC ACCREDITED B+ GRADE (2022)  
MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019)  
Student Nurses Association and Student Council in  
collaboration with National Service Scheme (NSS)  
Celebrating  
**INTERNATIONAL YOGA DAY**



Day & Date: 21<sup>ST</sup> June 2023  
Time: 8.00am- 9.20 am  
Venue: Ravji Jivraj Changdaiwala Hall  
Participants: B.Sc nursing , ANM students  
,teaching and non teaching faculties

**RESOURCE PERSON**  
Ms Vandana S Saha  
Lecturer Of Physical  
Education And Sports  
Department  
Shri M.P.Shah Jr.College  
Of Arts And Commerce


**COORDINATORS**

- Ms. Namrata Chopdekar (SNA Advisor)
- Ms. Priyanka Prasad (SNA Co Advisor)

Ms. Shilpa Shettigar  
Principal

Ms. Delphina Gurav  
Vice Principal

### Notice



SEVA MANDAL EDUCATION SOCIETY'S  
**SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING  
& PARAMEDICAL SCIENCES**  
SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING, GNM SCHOOL OF  
NURSING (Proposed) & ANM SCHOOL OF NURSING  
Affiliated to: Maharashtra University of Health Sciences, Nashik.  
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NAAC ACCREDITED B+ GRADE (2022)  
MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019)

**NOTICE**  
Student Nurses Association and Student Council in  
collaboration with National Service Scheme (NSS)  
Celebrating  
**INTERNATIONAL YOGA DAY**

Day & Date: 21<sup>ST</sup> June 2023  
Time: 8.30am- 9.30 am  
Venue: SMES campus  
Participants: B.Sc nursing , ANM students ,Teaching and Non  
teaching faculties

**COORDINATORS**

- Ms. Namrata Chopdekar (SNA Advisor)
- Ms. Priyanka Prasad (SNA Co Advisor)

Ms. Shilpa Shettigar  
Principal

Ms. Delphina Gurav  
Vice Principal



SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING

Glimpses




Wednesday, 21 June, 2023 08:55:24.99  
338 Rafi Ahmed Kidwai Road  
Matunga East  
Mumbai - 400 019  
Konkar Mahadevi College of Nursing

**International Yoga day 2023**



Wednesday, 21 June, 2023 08:55:24.99  
338 Rafi Ahmed Kidwai Road  
Matunga East  
Mumbai - 400 019



  
Principal  
Smt. Sunanda Pravin Gambhirchand  
College of Nursing  
338, R. A. Kidwai Road,  
Matunga, Mumbai - 400 019.